

# WEEK 1 MENU

w/c - 02-09 23-09 14-10



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>WORLD FOOD DAY</b>	<b>STREET FOOD DAY</b>	<b>ORIGINALS DAY</b>	<b>PLANET EARTH DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b>	Margherita Pizza <b>PLANT</b>	Chicken Curry <b>PLANT</b>	Roast of the Day	Cheese & Tomato Pinwheel	Oven Baked Fish Fingers
<b>Main 2</b>	Meat Feast Pizza <b>PLANT</b>	Mexican Loaded Beans <b>PLANT</b>	Vegetable Quesadilla <b>PLANT</b>	Spiced Veg Curry <b>PLANT</b>	Veggie Nuggets Salsa
<b>Carbohydrates</b>	Jacket Potato Wedges	Rice	Roast Potatoes	Diced Potatoes Or Rice	Oven Baked Chips
<b>Vegetables</b>	Green Beans	Roasted Broccoli	Green Beans & Sweetcorn	Roasted Carrots	Garden Peas Baked Beans
<b>Desserts</b>	Berry Crumble Selection of Yoghurts, Fruit,	Fruit Jelly Selection of Yoghurts, Fruit,	Apple & Cinnamon Slice Selection of Yoghurts, Fruit,	Coconut & Lime Cake Selection of Yoghurts, Fruit,	Pear & Ginger Muffins Selection of Yoghurts, Fruit,

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Vegetarian 
 Vegan 
 **PLANT**

For allergen content please speak to member of staff who will be happy to assist

# WEEK 2 MENU

w/c- 09-09 30-09 21-10



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>WORLD FOOD DAY</b>	<b>PLANET EARTH DAY</b>	<b>ORIGINALS DAY</b>	<b>STREET FOOD DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b>	Sausage & Gravy	Mac n Cheese <b>PLANT</b>	Roast of the Day	Southern Baked Chicken	Oven Baked Fish Fingers
<b>Main 2</b>	Veggie Sausage Traybake <b>PLANT</b>	Mixed Bean Enchiladas <b>PLANT</b>	Spiced Quorn Pitta 	Margherita Pizza <b>PLANT</b>	Spiced veggie Rice 
<b>Carbohydrates</b>	Mashed Potato	Potato Salad	Roasted Potatoes	Baked Half Jacket	Oven Baked Chips
<b>Vegetables</b>	Spring Greens and Peas	Carrots	Roasted Carrots & Garden Peas	Sweetcorn	Garden Peas Baked Beans
<b>Desserts</b>	Chocolate & Orange Cookie Selection of Yoghurts, Fruit,	Fruit Jelly Crunch Pot Selection of Yoghurts, Fruit,	Apple & Rhubarb Crumble & Custard Selection of Yoghurts, Fruit,	Summer Sponge Cake Selection of Yoghurts, Fruit,	Mango Split Selection of Yoghurts, Fruit,

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Vegetarian Vegan **PLANT**

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# WEEK 3 MENU

w/c – 16-09 07-10 28-10



	Monday	Tuesday	Wednesday	Thursday	Friday
	<b>STREET FOOD DAY</b>	<b>WORLD FOOD DAY</b>	<b>ORIGINALS DAY</b>	<b>PLANET EARTH DAY</b>	<b>FRIDAY FAVOURITES</b>
<b>MAIN 1</b>	Chicken Burger	Pasta Bolognese <b>PLANT</b>	Roast of the Day or	Margherita Pizza <b>PLANT</b>	Oven Baked Fish Fingers
<b>Main 2</b>	American style Baked Bean Pocket <b>Ve</b> <b>V</b>	Vegetable Lasagne <b>PLANT</b> <b>V</b>	Veggie Sausage & Gravy <b>Ve</b>	Vegetable Tray Bake <b>PLANT</b> <b>V</b>	Vegetable Sausage Roll <b>PLANT</b> <b>V</b>
<b>Carbohydrates</b>	Half Jacket Potato	Spaghetti	Roast Potatoes	Veggie Rice Or Diced Potatoes	Oven Baked Chips <b>Ve</b>
<b>Vegetables</b>	BBQ Beans	Sweetcorn	Fresh Cabbage & Garden Peas	Broccoli	Garden Peas Baked Beans <b>Ve</b>
<b>Desserts</b>	Pear Sponge, Chocolate Custard Selection of Yoghurts, Fruit,	Ginger Cake Selection of Yoghurts, Fruit,	Raspberry Flapjack Selection of Yoghurts, Fruit,	Garden Brownie Selection of Yoghurts, Fruit,	Plain Cookie or Vanilla Ice Cream Selection of Yoghurts, Fruit, <b>V</b>

**AVAILABLE DAILY:** Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

**V** Vegetarian **Ve** Vegan **PLANT**

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